

Tourism, Heritage & Culture – Sport & Recreation Branch

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In the event of any outbreaks, Public Health directives or alerts and in some instances directives from affected schools supersede the following guidance

CIRCUIT BREAKER DIRECTIVES

1. A circuit breaker is currently in effect in certain areas of the Province:
 - a. Here is a [list of communities](#) affected by the circuit breaker
2. At this time, unless an individual or organization receives a public health directive or if there is a declared case at a school (see para 35) there are no restrictions in the Mandatory Order preventing organized sport activities. Recreation and sport organizations should be cautious by assessing and understanding the risk associated with their activities in this age group. It is reasonable and acceptable for an organization to adopt stricter requirements given these circumstances. For organizations who choose to continue, it would be prudent to modify activities and take measures to maintain physical distancing and where masks where possible.
3. Organized recreation and sport activities may continue to operate with the previous guidance. Proof of vaccination is required for indoor events while proof of vaccination for outdoor events is recommended especially for close contact sports. (See travel restriction at para. 6)
4. Community use of schools continues to be restricted to youth-based activities.
5. Spectators are allowed for all activities but facility operators may have capacity limits. Organizations are again advised to use caution and put measures in place to prevent gatherings.
6. Travel in and out of circuit breaker regions is only allowed for a planned event that requires proof of vaccination whether it is hosted indoors or outdoors. Proof of vaccination is required from ALL participants and spectators regardless of whether they are with the host or visiting teams/athletes. U12 youth who cannot currently be vaccinated are also allowed to travel. All organizations are advised to carefully consider and assess the additional risk that events and out of region travel poses. During these activities, participants who are visiting should limit social interactions unrelated to the activity itself (eg. social gatherings with friends and family)

*Please note that the NBIAA and other school sports may operate under different restrictions. More information [here](#)

LIVING WITH COVID-19: GUIDANCE FOR SPORT AND RECREATION ORGANIZATIONS

PROOF OF VACCINATION

Since September 22, 2021, the Government of NB requires that everyone 12 years and over must show proof of vaccination to access certain events, services and businesses. The following information is supplementary to the details provided here: [Proof of COVID-19 vaccination](#).

7. Proof of vaccination must include two doses of a COVID-19 vaccine. Organizers do not need to validate timing between or after doses (not required to wait 14 days after 2nd dose)
8. Where a person turns 12 years of age, that person has 60 days after their twelfth birthday to be fully vaccinated before any requirements to show proof of vaccination.
9. Proof of vaccination is required for indoor festivals, performing arts and sporting events. It is also required to access gymnasiums, indoor pools, recreational facilities, etc. In addition, proof of vaccination is required for indoor organized gatherings (conferences and workshops), indoor group exercise (dance studios, yoga studios and climbing walls, etc), and indoor organized group recreational classes and activities (like theatre and art).

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10. Although the POCT (rapid testing) program is in place for use in school outbreaks, proof of a negative test cannot be used to replace the requirement for proof of vaccination from participants, volunteers or spectators. Under the direction of only the Public Health team, proof of a negative test may be used to determine whether participant can resume activities in the event of a close contact.
11. An exemption from vaccination is permitted for medical reasons only. The Department of Health has provided direction on the criteria to be used by New Brunswick health care providers for a medical exemption from COVID-19 vaccination. A New Brunswick Medical Exemption form signed by a physician or nurse practitioner licensed in New Brunswick is accepted as meeting the Proof of Vaccination policy. A note written on a prescription pad is not accepted as an exemption form.
An individual who presents a medical exemption letter from another province or country is accepted as proof of vaccination with:
 - A valid government-issued identification document from the country, and
 - The record of medical exemption that the eligible person was required to provide to enter Canada.
 Previous COVID-19 infection regardless of when it was does not meet the requirement for proof of vaccination. More information [here](#)
12. Although some organizations may decide to require proof of vaccination for outdoor activities, at this time it is not a requirement. It is recommended for close contact sports taking place in outdoor settings. Proof of vaccination is not required for access to adjacent indoor washroom facilities.
13. Children under 12 years old with parents/guardians who refuse to provide proof of vaccination must be allowed to continue their activities however parents are not allowed to enter a sport or recreation venue until they provide proof of vaccination.
14. Depending on the situation, it is reasonable for facility operators to expect user groups to oversee the validation of proof of vaccination of their participants. Organizations are expected to work collaboratively with facility owners and operators to ensure compliance to the vaccination requirement.
15. For regular season activities where participants are consistent, proof of vaccination does not need to be provided each time they attend the activity, it can be done upon registration but the organizer or coach must be able to demonstrate compliance if asked (checklist).
16. For proof of vaccination, organizers are required to see an official record of immunization with a piece of Government issued identification (driver's license, Medicare card, birth certificate, etc.). A record of immunization can be obtained from [MyHealthNB](#) portal, the RHA clinic or pharmacy that gave the vaccine, a record from Public Health, or proof of vaccination from another jurisdiction. A copy or picture of the original is acceptable. For individuals who received their vaccination in another Province or Country, they can use the documentation that was used for the travel registry (within Canada) or ArriveCan (international).
17. Businesses and events where people gather or exercise indoor must demonstrate that all employees/contractors/volunteers are fully vaccinated or employees/volunteers are continuously masked and regularly tested and demonstrate their negative test results to the manager of the venue. Businesses access rapid tests for their employees/volunteers by contacting their local Chamber of Commerce. Please note that this does not apply to employees/volunteers of organizations that utilize third party facilities. These individuals must show proof of vaccination or medical exemption as they are considered patrons as identified in the Mandatory Order paragraph 2.i.

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18. Businesses, facility operators and organizations have the option to require their employees/volunteers to show for proof of vaccination or medical exemption. Where businesses choose not to require proof of vaccination from their employees/volunteers, they can use other mitigation measures such as designation to non-customer contact duties, requiring testing and use of mask/physical barriers for unvaccinated employees. Businesses and organizations can contact [ONB Business Navigators](#) for more information.
19. In instances where proof of vaccination is required, organizations should have a written policy that includes procedures for requesting proof of vaccination and specifics on how privacy requirements will be met. Organizations should not collect or keep copies of immunization records or proof of medical of exemption. Showing proof in person or by videoconference are appropriate ways to validate. Checklists or any other documentation showing whether a person is vaccinated, unvaccinated or medically exempted needs to be stored securely. The proof of vaccination policy must be regularly reviewed and updated to stay consistent with the evolving status of the COVID-19 pandemic and in compliance with government regulations.

MASKS AND PHYSICAL DISTANCING

20. Since September 22nd, 2021 the Government of NB requires masks to be mandatory in all indoor public spaces.
21. While masks are not required by individuals while participating in an organized sport or fitness activity (as per [Public Health Act](#) Section 9.1(4)), they must be worn indoors at all other times. If some sports are able to incorporate wearing a mask into play or on a team bench, that is encouraged.
22. Spectators attending a sporting event where proof of vaccination is required must wear masks at all times indoor except when they are eating or drinking while seated. Masks should only be removed during brief periods of food/beverage consumption.
23. Although masks are not required in outdoor settings, consider maintaining mask use by participants, coaches, volunteers and spectators off the field of play in public spaces where physical distancing cannot be maintained.
24. While organizations are not required to ask for proof of medical exemption from wearing masks, they could require it as per their own policies to ensure the safety of their staff and patrons. This [article](#) provides more information.
25. Individuals with a medical exemption to vaccination or children under the age of 12 who are not eligible for vaccination are not required to wear a mask during organized sport or physical activity; however, given their personal level of risk and lack of vaccine protection, it is recommended that they choose layers of protective measures that best fit the situation.
26. Data shows that children most frequently acquire COVID-19 from adults. For that reason, organizations should consider requiring mask use by coaches and officials in U12 programming.
27. Understand that sport and recreation facilities may have additional requirements related to mask use and physical distancing.

HAND WASHING / CLEANING AND DISINFECTING

28. Provide hand sanitizer or hand washing facilities and entrances and exits and encourage participants to properly hand wash or sanitize prior to activities.
29. Continue regular cleaning and disinfection of all general surfaces and frequently touched equipment.

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SCREENING AND CONTACT TRACING

30. Consider passive or active screening as a protective measure prior to play. When used, screening should remain independent of the participant's vaccination status.
31. Organizations should remind participants to self-monitor for COVID-19 symptoms and stay home if they are feeling unwell.
32. Organizations should still consider the use of waivers and declarations.
33. While collection of names is no longer required, organizations should consider keeping attendance lists to assist contact tracing efforts in the event of a positive case.
34. Should there be an exposure to the virus, Public Health via contact tracing efforts will provide guidance to affected individuals. Isolation and testing requirements will depend on the level of exposure as well as the vaccination status of affected individuals.
35. When there are outbreaks in schools, public health and school directives may be different depending on the circumstances. Usually when a case is discovered in a school they must close to conduct contact tracing, testing and cleaning. If the students have been advised that the school is closed due to a COVID-19 case, all students regardless of vaccination status must suspend participation in sporting activities upon notification of the outbreak and on the following day unless they have been directed otherwise. Once contact tracing is completed it is possible that some schools will remain in virtual learning for other operational reasons. Unless the school communicates that contact tracing efforts will be extended, participation may resume depending on the individual circumstances below:
 - Students and same household members who have been told by Public Health to isolate must not attend sporting activities until cleared by Public health.
 - Students who are fully vaccinated and have no COVID-19 symptoms can attend sporting activities unless directed otherwise. In line with current Public Health guidance, a fully vaccinated student who is identified as a close contact must follow public health directives for isolation or self-monitoring for the prescribed period of time. Testing may be also required depending on the situation.
 - If a communication from the school or public health directs vaccinated students to “self-monitor” with or without testing, these students may resume their sporting activities as long as they are in compliance with any testing requirements, test negative (if applicable) and do not have any symptoms of COVID-19.
 - If unvaccinated students are participating in the POCT (point-of-care test) commonly known as “rapid test” program to attend school, they may participate in sporting activities as long as students do not have any symptoms of COVID-19 and have a negative POCT result taken on that same day. In this case, the sport organization is not expected to validate the negative test. The onus is on the student/family to follow directives of the Public Health Act and the Mandatory Order.
 - If a school communication informs unvaccinated students who are not participating in the POCT program to “self-isolate”, students must not attend sporting activities until after the isolation period is over.

Sport and recreation organizations should adhere to those directions but may adopt stricter requirements if they feel it is required. (Please note that the NBIAA and other school sports may operate under different restrictions as per EECDC directives)

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TRAVEL

36. Effective September 22, every person entering New Brunswick must [pre-register](#). This includes New Brunswickers re-entering the province. Any isolation requirements for those that are not fully vaccinated must be followed.
37. Concerns remain related to additional travel and the risk of larger gatherings. All organizations should carefully consider and assess the additional risk that out of region travel poses. Organizations should identify where out of region activity is necessary and where it can be avoided, especially with U12 programming.
38. Prior to travel, learn about any increased risks in other regions or provinces along with any travel restrictions or requirements they may have.
39. Consider reducing the number of people sharing hotel accommodations, consider wearing masks when travelling in buses/airplanes and minimize social activities in the community that you are visiting.

OTHER PREVENTATIVE MEASURES

40. Consider limiting the number of participants and number of spectators at your events
41. Consider limiting the number of games/ tournaments/competitions and/or adjusting the season competition schedule to limit the number of social interactions with various other groups/teams on a weekly basis (eg. double headers vs games against teams in 2 different regions in same week)
42. Where possible, consider keeping groups/teams consistent
43. Consider having staggered schedules to limit number of individuals entering/exiting at one time
44. Where possible, avoid handshakes with opponents and encourage players to have their own water bottles
45. Consider posting signage reminding participants to wear masks and maintain physical distancing where applicable; not enter premises if they feel unwell and practice proper hygiene.
46. Host virtual meetings if possible, where meetings are held in person masks must be worn up until and upon entry into the meeting room or office space and would be reapplied once an individual got up to leave that space. Physical distancing is recommended at all times, with or without masks.

GUIDANCE FOR CANTEENS (EG. FUNDRAISERS AT TOURNAMENTS)

47. There should be ample opportunities for people to hand wash with soap and water and hand sanitize. hand sanitizer should be placed nearby canteens so that people may sanitize before eating.
48. Minimize extended face-to-face contact between those who are not close friends or family.
49. Wear masks at all times except during brief periods when consuming food or beverage.
50. Handling of food should be done using tongs or other utensils so as not to contact the food directly, as opposed to allowing members of the public/ teams to serve themselves.
51. The individual who handles food items should not handle money, therefore an additional person should be available to handle money.
52. Types of foods to be sold and food safety should be discussed with a regional public health inspector ([Guidelines for food vendors - temp events](#))
53. Individuals who have their masks down to eat or drink should remain stationary, and pay special attention to maintain distance from others.
54. When it comes to the layout, consider setting up these canteens in a way that would allow individuals or families to maintain distance from others.

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LIVING WITH COVID-19

Core protective health measures remain important tools to limit the spread of COVID-19 and other respiratory illnesses such as colds and influenza. This is particularly important for our most vulnerable populations and those unvaccinated including youth under 12 who represent a major demographic within New Brunswick's sport and recreation system.

Restrictions over the course of the pandemic have been difficult on everyone, especially the youth. More than ever system partners must strive to ensure the provision of safe supportive physical and social environments that encourage participation in recreation and sport. The elimination of some of the previously existing COVID-19 controls may signal the need for organizations to consider additional safety protocols to keep their members safe while also preserving the physical, social and mental wellbeing of New Brunswickers.

Recreation and sport organizations should assess and understand the level of risk of communicable disease transmission in their respective activities and apply appropriate measures when there's an elevated risk of communicable disease. All are asked to foster an atmosphere where there is mutual respect and understanding and individuals are supportive of each other's personal protective habits and risk tolerances.

By incorporating knowledge learned from living with COVID-19 with the guidance provided in the Sport and Recreation Branch [Frequently Asked Questions document](#), sport and recreation organizations can provide activities and events while maintaining a certain level of risk mitigation to provide a healthy environment for their participants.

Organizations are responsible for implementing the measures they deem appropriate, in compliance with government regulation and directives issued through the Public Health Act, and must understand that they may be expected to abide by additional requirements determined by other organizations such as Provincial Sport Organizations, facility owners/operators, event hosts and other jurisdictions.